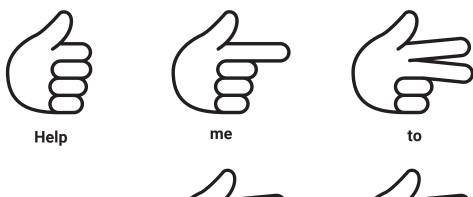
# **The Ranger Prayer**





Speak



Dear God,

When I am worried or upset

### Help me to speak up

When I have questions or I'm not sure about something

## Help me to speak up

When I see or hear someone else who needs help

## Help me to speak up

When I'm frightened or scared to tell the truth

## Help me to speak up

Thank you for giving me people I can talk to

Help me to speak up

Amen







Creating safer places. Together.

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