

Roarry's Fact Files

A fun activity to help children explore real-life examples of what it can look like to use your voice to speak up.

Time required: about 10-15 mins

Set up:

- Print the fact files
- Spread them out on a table or on the floor

What to do:

- Ask the children to pick a fact file they like the look of or distribute them to the children at random.
- Ask them to read the fact file aloud or hold it up so it can be read by the group.
- Ask the children some or all of the following questions. Encourage them to explain their answers.

Questions:

- How do you think this person showed courage in their actions?
- Why do you think it was important they spoke up for what they believed in?
- What challenges do you think they faced when they decided to speak up?
- What qualities do you think they had that helped them make a difference?
- What do you think we can learn from their story about standing up for what is right?
- Why do you think it is important to use our voice to help make the world a better place?
- Can you think of a situation where you might need to speak up for yourself or others?





Rosa

FACT FILE

Name: Rosa Parks

Country: U.S.A.

Born: 1913

Role: Human Rights
Campaigner

Rosa believed that everyone should be treated fairly. Rosa, an African American woman, made a brave choice one day while riding a bus. She was told to move so a white person could sit down, but she decided to stay in her seat. This started a big change in the United States. Her decision led to many people protesting against unfair treatment. Her actions showed that standing up for what is right, even in a quiet way, can make a huge difference. Rosa's bravery continues to inspire people to speak up for fairness and equality.



Martin

FACT FILE

Name: Martin Luther King Jr.

Country: U.S.A.

Born: 1929

Role: Church Minister

Martin Luther King Jr. believed that everyone should be treated equally, no matter what the colour of their skin. He used his voice to give many important speeches and led peaceful marches to show people that it was wrong to treat others unfairly. By speaking up, he helped change many unfair laws and inspired others to stand up for what is right. He also taught us that it is important to speak up not just for ourselves, but for others too. Martin's courage and words continue to inspire people all over the world to stand up for fairness and kindness.



FACT FILE

Name: Malala Yousafzai

Country: Pakistan

Born: 1997

Role: Education Campaigner

Malala believed that everyone should be allowed to go to school. When she was just a teenager, she spoke out against the unfair rules in her country that stopped girls from going to school. Even though it was dangerous, Malala continued to speak up because she believed that every girl deserved the chance to learn. One day, she was hurt very badly by people who didn't want her to speak out, but she didn't give up.

Malala's bravery has inspired many people around the world to fight for education and equality.



Millicent

FACT FILE

Name: Millicent Fawcett

Country: UK

Born: 1847

Role: Political Campaigner

Millicent believed that women should have the same rights as men, including the right to vote in elections. She used her voice to speak up for women's rights and worked tirelessly for many years, giving speeches and organising peaceful protests to show that women deserved to be treated equally. She helped collect signatures for petitions and spoke at public meetings to raise awareness. Thanks to her efforts, women in the UK eventually gained the right to vote. Millicent's determination and courage continue to inspire people to stand up for equality and justice.



Nelson

FACT FILE

Name: Nelson Mandela

Country: South Africa

Born: 1918

Role: President

Nelson believed that everyone should be treated equally. He spoke out about a system in his country which treated black people unfairly. He gave many important speeches and led peaceful protests to show that everyone should have the same rights. Even though he was put in prison for many years, he never gave up. When he was finally free, he continued to work for peace and eventually became the first black president of South Africa. Nelson's courage and determination inspire people all over the world to stand up for what is right.



Greta

FACT FILE

Name: Greta Thunberg

Country: Sweden

Born: 2003

Role: Climate Campaigner

Greta believed that everyone should take action to look after the planet. When she was 15 years old, she started spending her Fridays outside her country's government buildings to raise awareness about the damage being done to the environment and the need for urgent action to protect the Earth. Her brave actions inspired millions of people around the world to join her in demanding that leaders take better care of our planet. Greta's determination shows that even young voices can make a big difference.



Marcus

FACT FILE

Name: Marcus Rashford

Country: UK

Born: 1997

Role: Footballer

Marcus believed that no child should go hungry, especially during school holidays. In 2020, when schools were closed due to the COVID-19 pandemic, Marcus called for the government to give free school meal vouchers to children who needed them. He shared his own experiences of receiving free meals as a child and how important they were for him. Thanks to his efforts, the government agreed to provide these vouchers, ensuring that many children had enough to eat. Marcus' actions show that speaking up can make a big difference and help others.



Jane

FACT FILE

Name: Baroness Jane Campbell

Country: UK

Born: 1959

Role: Political Campaigner

Jane believed that everyone should be treated equally and with respect, no matter their abilities. She used her voice to stand up for the rights of people with disabilities and worked tirelessly to make sure they have the same opportunities as everyone else. Jane has given many important speeches and been involved in creating laws that protect the rights of disabled people. Because of her work, she was given a special job in the House of Lords, where she helps make important decisions for the country. Jane's courage continues to inspire people to speak up for equality.